

Carly Newcomb Insel

This Pulaski Academy and Central School alumna is helping cancer patients during this difficult time in their lives.

Carly Newcomb Insel graduated from PACS in 1991 and is now working as a chief radiation therapist at Mohawk Valley Health Systems' Regional Cancer Center.

"My role as a healthcare provider during this pandemic is to provide radiation therapy to our cancer patients," said Insel. "It's definitely a little scarier for everyone due to the uncertainty of our heightened risk of infection and possibly bringing the virus home to our loved ones."

Despite the risk, Insel and her colleagues have a vital role to fulfill.

"As health care workers, it's important to remain calm and be there for our patients," she said.

Insel said her advice for the community right now would be to slow down.

"The flattening of the curve, as the experts state, will not improve if we don't take the necessary precautions," said Insel. "Take social distancing seriously, respect the people around you and help stop the spread."



